

### Canterbury Girls

26 October 2023

### Principal's Report

#### Year 12 exams

While Year 12 language oral and some written language exams and music performance exams began some time ago, the major exams began on Tuesday with the English exam. The students I spoke to seemed happy that they had finally arrived, and seemed happy with the English exam.

The final day for Year 12 students was Monday 16 October. On the last day, we were able to formally farewell them with a whole school assembly. The SRC team provided lunch for them on the day before they headed home to prepare for the Valedictory which was held on Monday evening. The Valedictory dinner is an opportunity for parents, carers, students and teachers to come together to celebrate the end of schooling for the students and to acknowledge their achievements.

We wish them all the best with their exams.

Year 11 students begin their exams next week before undertaking the pre-VCE program with Year 10 students finishing classes soon after before completing exams, their pre-VE program and then work experience. We are still seeking offers of placements for the students. This will assist students who might not be able to find a placement. If you can assist, please contact David Cameron, the Pathways Co-ordinator – dca@cqsc.vic.edu.au.

### World Teachers' Day

Friday is World Teachers' Day celebrated in Australia on 27 October. At Canterbury, we also celebrate the work of Education Support staff. According to the Australian Institute for Teaching and School Leadership, teachers serve a vital role in our society; they act as mentors, experts and role models for future generations. The theme for this year is Hats off to teachers. You might consider emailing a staff member to acknowledge the work they are doing.

### The Parents' Association

The Parents' Association has a number of fundraisers coming up, including the second handbook sale. The profits from their fund raising goes back directly into programs for the school. This year, they have funded an upgrade to the Year 12 common room, funded the French and Japanese assistants, the College anthology, furniture for the new learning space and additional classroom equipment. Please consider supporting their fundraising activities. A number of this year's office bearers are finishing at the end of this year and The PA is looking for more members. Please see The PA report in this newsletter for further details.

### Casual vancay on School Council

There is currently a vacancy on School Council for a parent representative. The term of office ends March 2025. The Council meets every fourth Tuesday of the month at 7.30pm at school. If you are interested, please email me your details with some information about yourself before Thursday 2 November.

#### **Enrolments and exits**

Canterbury Girls' Secondary College is now accepting applications for enrolments into Years 8 to 12 for 2024. If you know of someone who is interested in enrolling their child, please ask them download and complete an application form available on the website. Any questions can be referred to Georgina Padula (Years 8 and 9) or Jim Ouliaris (Years 10-12).

### **Diary Dates Term 4**

6 Nov Curriculum Day
7 Nov Melbourne Cup
11 Nov Working Bee, 8am-12pm
16 Nov Anthology Launch
27 Nov Canterbury Celebrates
29 Nov-1 Dec Year 9 Summit Camp
12 Dec Orientation Day
20 Dec End of Term 4

### **CONNECT WITH US**



Many students travel by public transport. It is important that students have valid myki cards when travelling on trains and buses. We have received information from the Department of Transport and Planning about a new app that enables an instant top of the myki card balance.

You do not have to register an account in order to use the top up feature.

However, they strongly recommend that you do register your myki so you can protect your balance and take advantage of other PTV App features such as auto top up or managing multiple cards.

For further details click here.

Canterbury Girls' Secondary College acknowledges the Traditional Owners of the land on which our school stands. We pay our respects to their Elders, past and present, and we recognise, acknowledge and respect the history, culture, diversity and value of all Aboriginal and Torres Strait Islands people.



### Canterbury Girls

If you know that your child is leaving at the end of this year, please let the relevant level co-ordinator know so that we are able to offer the enrolment to another student.

Dr Mary Cannon Principal

### **Assistant Principal's report**

#### Police Presentation

Senior Constable Greg Garrison visited the school to speak to students in Years 7-9 at the year level assembly this term. He spoke about bullying and focused on homophobic bullying and the sometimes inappropriate use of online platforms such as TikTok. He addressed the impact of bullying on victims. This includes the ongoing mental harm caused by bullying and the criminal offences bullies can be charged with. He touched on Victoria's anti-bullying legislation, known as Brodie's Law that commenced in June 2011 and made serious bullying a crime punishable by up to 10 years in jail.

We want our students to be upstanders, not bystanders when they notice inappropriate behaviour. An upstander is a person who speaks or acts in support of an individual or cause, particularly someone who intervenes on behalf of a person being bullied.

It is important that parents/carers regularly engage in conversations with their children about behaviour online. Some recommendations include parents/ carers having accessibility to their child's social media accounts, role-modelling appropriate interactions online, keeping technology in public spaces in the home, having conversations at home about online behaviour and what to do when it becomes disrespectful, recognizing young people may have one account they show you and another they don't and reporting concerns to the e-safety commissioner.

### **School Attendance**

In Victoria school is compulsory for young people aged 6-17 years.

Going to school every day is the single most important part of your teenager's education. We all want our students to get a great education, and the building blocks for a great education begin with students coming to school each and every day. Students develop good habits by going to school every day – habits that are necessary to succeed after school, whether in the workplace or in further study. Missing school can have a big impact on students academically and socially. It can affect their results and their relationships with other students. There is no safe number of days for missing school – each day a student misses puts them behind and can affect their educational outcomes. Each missed day is associated with falling behind in subject topics and assessment tasks and may impact on achievement.

The main reasons for absence are:

- Sickness There are always times when students need to miss school, such as
  when they're ill. It's vital that they're only away on the days they are genuinely
  sick, and setting good sleep patterns, eating well and exercising regularly can
  make a big difference.
- Family holidays It's vital that holidays are planned during school holidays where possible, and not during the term.



- "Day off" Think twice before letting your teenager have a "day off" as they could fall behind their classmates every day counts.
- While all absences can impact academic performance. Statistics show that unexcused absences are a much stronger indicator of lower reading and maths achievement. Remember, every day counts. If your teenager must miss school, speak to the year level co-ordinator as early as possible.

### Canterbury Celebrates - Monday 27 November

Advance notice that our annual presentation night will be held from 7.00pm on Monday 27 November at the Besen Centre in Burwood. Students receive recognition in the following categories - Academic Excellence, Outstanding Excellence, Exceptional Effort and Improvement, Arts, Sport, School Service and Citizenship as well as more specialised awards. On Monday 27 November, classes will not run. Students involved in performances for Canterbury Celebrates will be required to attend rehearsals at the Besen Centre. Further details regarding the event and performances will be provided later.

Georgina Padula Assistant Principal

### **Teaching and Learning News**

### Year 10 Work Experience

Work experience takes place at the end of this term. Thank you to Year 10 parents and carers who have secured a place. Please be aware that it is a requirement in Year 10 for students to attend a work experience placement from 27 November to 1 December 2023. We recommend that you utilize friends and contacts in the business world or get in touch with local businesses so that you can be involved. This is a very valuable time for students to get a taste of life in the workforce.

I can be contacted at dca@cgsc.vic.edu.au if you would like to discuss the program.

### David Cameron Careers and Pathways Co-ordinator

#### 2023 VCE Art Show

Last week, the Visual Arts hosted the 2023 VCE Art Show on Wednesday 18 October. Each year, we stage an exhibition to view the folios and finals produced in Unit 3 & 4 Visual Communication Design, and Unit 3 & 4 Art Making and Exhibiting.

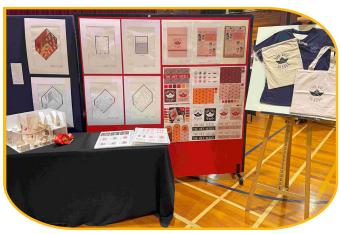








It has been a fantastic opportunity for students to see our subjects and to celebrate the achievements of the Unit 3 & 4 art and design students.





The opening evening was a great success with students, families and staff in attendance. Thank you to all students and staff who had assisted in setting up, and for those who supported this event. Thank you to Rebekah Krialis, our Visual Arts Captain who gave an opening address.

We wish our graduating students the best on their future endeavours. We are so proud of their hard work and creativity.

### Audrey Dethridge VCE Visual Communication Design, Art & P.D

### Year 9 Cake Decorating

On Tuesday 17 October, Year 9 Cake Decorating students completed a learning task. They baked a chocolate cake, made chocolate decorations and then created a solid chocolate collar to surround the cake. The cakes looked extremely delicious and professional! Congratulations to every student for producing an amazing, finished product.

### Alicia Sands Food Technology Teacher











### Canterbury Girls

Year 8 Camp to Phillip Island Adventure Resort Camp was super fun, and the funniest part for me was watching 'She's the Man'. The chocolate mousse and apple crumble desserts on the first day were delicious. Seeing koalas and pigeondinosaur geese was also really interesting.

### Ame de Lange Year 8

All the activities were so much fun! I loved the flying fox and getting to see the koalas at the conservatory! I also really loved spending time with

my friends and sharing the experience with them. It was great weather (mostly), so we were able to do so much outdoors which was really enjoyable.





### Molly Shaw Year 8







On Year 8 camp, I really enjoyed most activities but I especially enjoyed going to the koala sanctuary. We got to see a bunch of koalas up close and take photos. It was really fun as I haven't seen koalas that close before. There were also baby koalas which were very cute to see as they were holding onto their parents.

### Ana Heffernan Year 8











### **Sport Report**

### **Victorian State Athletics Carnival**

Canterbury Girls Secondary College recently participated in the prestigious State Athletics Carnival, competing against top talents from over 500 schools across Victoria.







Our athletes showcased their skills and dedication with Ciara Heffernan securing 6th place in the Under-17-years-old 100m Hurdles, Charlie Harbison clinching 3rd position in the Under-15-years-old 400m, and the Under-17-years-old relay team comprised of Catherine Bacolas, Ciara Heffernan, Maya Knight, and Tabitha Lieberman bagging an admirable 4th place. Making it to this level in the School Sports Victoria competitions is a huge achievement and we are all incredibly proud of their achievements.

Should any students be interested in competing, or should you have any queries, please contact me at <a href="mailto:smj@cgsc.vic.edu.au">smj@cgsc.vic.edu.au</a>.

Stefan Majewski Sport and Sport Education Co-ordinator

## music upbeat



### Canterbury Girls

### Twilight Concert - 12 October

The unpredictable Melbourne spring weather didn't dampen our spirits for the Twilight Concert, our final large concert for 2023 with all performing ensembles. Fortunately, the wet weather plan worked out well and audience enjoyed the different format of the evening moving between the different performance spaces of the Pavilion and the Hall stages. The sausage sizzle added atmosphere to the evening and raised funds for the music department. Thank you to the students who helped out: Ruby Levy-Murray, Molly Shaw, Molly Crozier, Ellie Cooke, Nya Hunter, Amelia Ch'ng, Alice Merryweather (apologies if I missed anyone as there were last-minute helpers!)





There were many performance highlights during the evening with Jerain Yang performing "Gabriel's Oboe" from the film "The Mission" on Oboe with Encore String. Encore also performed a double Viola Concerto featuring Leila Subocz and Lucy Woods.

The audience and performers gave the music team positive feedback on the

evening, if we can only get the weather right next year!

The Senior Guitar ensemble had their final performance with the 2023 line-up with four exiting Year 12 students Mili Clark, Peta Hemmersbach, Rebekah Krialis and Kiera Mistica.







### **Term Dates**

#### Term 4

30 Oct-1 Nov Music Camp

8 Nov Music Assessments commence

19 Nov 'Lore' @Bedford Heights

21 Nov Music Expo

27 Nov Canterbury Celebrates10 Dec Carols at Canterbury

Cantabella & Canterbury Voices





Thanks to all exiting Year 12 students for their contribution to the music department over their time at CGSC. Good luck with your exams and we hope that music is always a big part of your life!







### Music Camp - Week 5

Music students from Years 7–10 will be heading out to Forest Edge in Neerim East on Monday morning for Music Camp. The students will be working on repertoire in string, concert band and guitar groups as well as combined items and small chamber group performances. A guest presenter will also deliver two focused workshops.

Reminder that students need to bring their snack and lunch for the first day!

Michael Sword Head of Music

## wellbeing







At CGSC. it is exam time for senior school students. During this time, it is perfectly natural to feel stressed.

Getting organised can help. Follow these few tips from Teen Breathe to help get you started:

- 1. Set yourself goals: Work out what you want, then plan how you're going to achieve it. It's positive for both your motivation and mindset if you can remember why your work is important in the first place. Do you want to get a great mark? Will getting your homework done early mean you'll be free to have fun when the weekend comes? Whether your aim is big or small, important for your future or just enabling you to enjoy a day trip with friends, remembering your goal should help you kickstart your assignment.
- 2. Plan your time: Write down everything you need to do and plan when you're going to do it. It's not just today or tomorrow that needs organising the best way to combat deadline dread is to plan for the future. Make sure to look a week or two ahead so you know what's coming. Use a diary or online calendar, to plan out exactly when you're going to tackle your work. Electronic or handwritten events, appointments and reminders help keep homework front of mind, avoiding that last-minute rush.
- 3. Learn to prioritize: <u>List all your tasks and activities</u>, work out how long each will take, then decide which are important and when you're going to do them. If you plan and prioritise your time, you can still have time for fun, just make sure you've done the important tasks first. It's important to switch off and relax sometimes. Feeling in control of coursework and revision can help with this, as well as reducing overall anxiety. Switching off from work and doing something you love can help prevent burnout.

# wellbeing



4. Start a schedule: <u>Get into the habit of doing certain things at the same time every day or week</u>. When you get home, block out an hour to write a few paragraphs of an essay or complete a challenging assignment. Having this extra structure outside of school will encourage you to set up a solid and smart routine. You will get more done through using your time more efficiently. Tasks become easier and you may be less distracted as you know what you should be doing and when. Apply this to all work and you are likely to learn faster and feel more in control of looming due dates.

For more helpful tips and articles visit **Teen Breathe**.

Georgie Brinkworth Mental Health Practitioner

# the parents' association



### Canterbury Girls

Dear Community,

#### **Social Events**

The Parents' Association will be hosting a morning tea for incoming Year 7 parents and carers on the Statewide Orientation Day (12 December). We will be asking for some assistance with this event.

Canterbury Celebrates, which is a schoolwide event, is a great opportunity for parents and carers to connect as a community. The school will advise further details on this event.

### **Upcoming Events**

**Mince Tarts:** We are still in the planning stages but are hoping to have a Woodfrog Bakery (Camberwell) Mince Tarts sale. The mince tarts will be for sale through TryBooking later in the term. Keep an eye out for the link and buy your mince tarts ahead of Christmas.

**Secondhand Book Sale:** The online Secondhand Book sale will run again this year. The sale will be on Sunday 10 December with the online shop opening at 9am. There will be more details coming, so if you are keen to buy or sell through the school, keep an eye out for these. The information will also be added to The Parent Association Second-hand Booksale link on the school website.

### KeepCups for Sale

CGSC KeepCups are available for sale. The world's first barista standard reusable cup, made of lightweight & durable BPA/BPS free clear plastic that has the clarity of glass. Keep your drinks hot or cold whilst doing something positive for the planet! \$20 per CGSC KeepCup. Purchase through <a href="Trybooking">Trybooking</a> and collect from the school office.

#### Call to action for 2024

At the end of this year, the current PA president, secretary, treasurer and one of the vice presidents will be leaving as their students are in Year 12. For The PA to continue to support the school, we need you to put up your hand to help. The PA is a way that parents and carers are invited into the school to work in partnership with the staff and School Council to make the school a connected place.

Many parents/carers feel hesitant to get involved for all sorts of reasons. I encourage you to be brave and priortise this opportunity in your children's learning journey and become a part of their secondary school education. This is your opportunity to meet the team that supports your child. Whether it be the chance to meet the office team, so they are more than a person on the end of the phone, or to interact with teachers outside the parameters of the parent teacher interviews, or to know and be able to ask questions to the principal team – The Parents' Association is a way to be involved. The roles are voluntary and it's not forever. So, I encourage you to join The PA and do something positive for CGSC.

### **PA Meetings**

The final meeting for 2024 will be on Tuesday 28 November (this is the fourth Tuesday of the month, and has been rescheduled due to a clash with Canterbury Celebrates in the same week)

If you cannot make the meetings but have suggestions of how The PA can support the school community, please send through any suggestions to The PA email.

Anne Chipperfield
The Parents' Association President

### **Diary dates**

### Next monthly meeting

Date: 28 November Time: 7.00pm

Venue: Conference Room

#### Office bearers

President: Anne Chipperfield

Vice-Presidents: Christine Harkness, Penny Ison

Secretary: Nicola Rowling
Treasurer: Steve Elsbury
PA email address: pa@cgsc.vic.edu.au

P.S. If you would like to support the PA, but cannot donate your time or efforts, you can contribute via the PA levy. If you do not want to contribute the full amount of \$50, you can nominate a different value. PA funds help raise monies for resources that are not funded by the Government (i.e. language assistants, food tech ovens, dishwashers etc.) and every little bit helps!

# from the archives





IMPRESSIONS FROM
THE SOVEREIGN HILL EXCURSION IN 1993

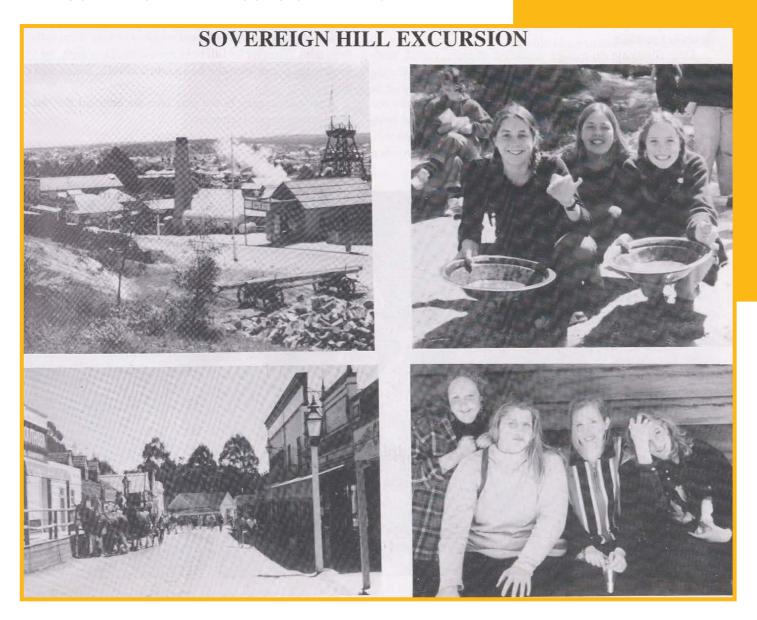


Image from *The Mangarrian 1993* 



### Canterbury Girls

### **School Working Bees**

Working Bees give every family the opportunity to assist in the improvement of the school grounds and buildings for our students. We hope that all parents and carers will take their turn because all our children benefit from the result and there are tasks to suit all levels of skill.

If you would like to help at a working bee session, register here.

If you are unable to help at working bees this year, but would like to make a donation of \$50.00 to assist in buildings and grounds maintenance, contact the General Office at (03) 9830 5099.

### Working Bee dates for 2023

11 Nov Working bee #4 8:45am - 12.00pm

### **Uniform Shop**

#### New - Softshell Jackets

The Uniform Shop has recently added softshell jackets to the sports uniform range. These jackets are replacing the current shower proof jackets. Softshell jackets are \$110.00 each and can be purchased online or in store on Tuesdays.

All profit from the Uniform Shop goes back into the school for the benefit of the school community. The Uniform Shop is open on Tuesdays from 8:30am to 3:30pm. We encourage students to visit the Uniform Shop during recess and lunch times. Card only, sorry no cash or cheques.

Elena Mantelos Uniform Shop Manager

#### **Address**

19A Wentworth Avenue, Canterbury 3126 03 9831 8661 uniform@cgsc.vic.edu.au

#### **Online Ordering**

https://myschoolconnect.com.au/cgscuniform

### **Canteen News**

Dear Parents, Carers, Students and Staff,

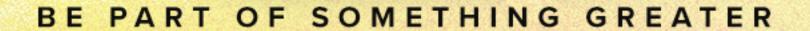
Now that we are open properly, the Canteen team wanted to remind you all that you are still able to order online through <a href="Myschool Connect">Myschool Connect</a> and at the canteen for the day until end of term. Any special dietary requirements, please advise..

Next Monday 30 October and Tuesday 31 October, we will have Halloween specials! Please come and check out what spooky things we have available.

Hope to see you all Thank you!

The Canteen Team





# 

JOIN AN INCLUSIVE, FUN ENVIRONMENT

PLAYED BEFORE? WE WANT YOU EITHER WAY!



JOIN US AT THE COBRAS FOR A FREE PRESEASON SESSION

CALL OR TEXT YOUR INTEREST TO JAMES SABELL, CANTERBURY WOMEN'S COACH, 0401 747 339



**VAFA Division 4** 

Canterbury Sports Ground

