

Canterbury Girls

09 November 2023

Principal's Report

Congratulations

Congratulations to the students who were prize recipients at the recent Boroondara Literary Awards. Rosa Toon was awarded second place in the Young Writers (Senior School) Prose section for her piece titled "Tale of a Gravedigger". Sarah Hart received a Highly Commended in the Young Writers (Middle School) Prose section for her piece titled "The Gallery".

Senior School

The Year 12 exams are progressing and will finish mid next week. Many students have already finished all their exams while those studying French have to wait as they are the last exam. The Year 11 exams have begun and will be followed by the pre-VCE program for current Year 10 and 11 students. Year 10 students will finish the year with a week of work experience.

Year 7 2024

In early December, we will be welcoming the 2024 Year 7s and their families to the school for Orientation Day. We have received feedback from a number of incoming parents and carers about how delighted they are that their child will be attending Canterbury next year. Year 9 students will undertake their Peer Support training on Friday and they will then be assigned to small groups of Year 7 students to assist with their transition to secondary school. Early next year, Year 7 students will also be assigned a Year 12 big sister as part of the Big Sister Little Sister program. Such programs increase connections between peers and the school and provide Year 7 students with a senior student support leader with whom they meet regularly.

Enrolments and exits

Canterbury Girls' Secondary College is now accepting applications for enrolments into Years 8 to 12 for 2024. If you know of someone who is interested in enrolling their child, please ask them download and complete an application form available on the website. Any questions can be referred to Georgina Padula (Years 8 and 9) or Jim Ouliaris (Years 10-12).

If you know that your child is leaving at the end of this year, please let the relevant level co-ordinator know so that we are able to offer the enrolment to another student.

Dr Mary Cannon Principal

Diary Dates Term 4

11 Nov Working Bee, 8am-12pm
16 Nov Anthology Launch
27 Nov Canterbury Celebrates
29 Nov-1 Dec Year 9 Summit Camp
4 Dec Student-free Day
12 Dec Orientation Day
20 Dec End of Term 4

CONNECT WITH US



Many students travel by public transport. It is important that students have valid myki cards when travelling on trains and buses. We have received information from the Department of Transport and Planning about a new app that enables an instant top of the myki card balance.

You do not have to register an account in order to use the top up feature.

However, they strongly recommend that you do register your myki so you can protect your balance and take advantage of other PTV App features such as auto top up or managing multiple cards.

For further details click here.

Canterbury Girls' Secondary College acknowledges the Traditional Owners of the land on which our school stands. We pay our respects to their Elders, past and present, and we recognise, acknowledge and respect the history, culture, diversity and value of all Aboriginal and Torres Strait Islands people.





Teaching and Learning News

Community Liaison News

The CGSC Community Liaison team provides an avenue for students to contribute to decision making in the school, to undertake fundraising and to organise activities which foster relationships between the College and the wider community. Thank you to students, staff, families and local businesses who have contributed in many different ways to the Community Liaison activities this year.

Following our recent Free Dress Day, the Community Liaison team has chosen to support the Royal Flying Doctor Service and the Save the Tasmanian Devil appeal through the University of Tasmania. We will also make a donation to The Thursday Girls Advanced Breast Cancer Charity, which provides free weekly counselling and group therapy to women with a diagnosis of breast cancer. This charity receives no government funding and is reliant on the generous support of the community.

In addition, some money will be used for school facilities and programs with students providing input as to what they would like to see happen in our school.

Our next Community Liaison activity will be the annual International Women's Day Breakfast in early March 2024. Planning has begun and we would be grateful for any sponsorship or donations from the CGSC community as we will be offering a silent auction and raffle at the event. We are also open to suggestions in relation to our guest speaker, so please feel free to contact gbe@cgsc.vic.edu.au

Finally, I would like to thank the amazing 2023 Community Liaison student team who have worked very well together under the leadership of our dynamic Year 12 Captain, Helia Darivandi Shoushtari. It is a privilege to work with such an amazing group of young women and we look forward to a busy 2024!

Madame Gabrielle Muir (Bert) Community Liaison Teacher







Year 10 Textiles – High-End Fashion

Our semester in High-End Fashion is unfortunately just about over. Students have achieved much, especially those who have never sewn!

Students have successfully produced their own fascinator/headband, constructed a garment of choice, and a folio containing their samples of different techniques learnt. This included learning how to insert a zip, sew hooks and eyes, machine buttonholes, use an overlocker, how to hem using slip stitch and plain stitching, as well as learning how to frame and paint on silk scarves.











I am very proud of all the fantastic work all the students have produced and achieved. Well done!

Fiona Skerrett Textiles teacher



Girls in Property Program 2023

On Thursday 26 October, approx. 50 CGSC students from Year 9 and Year 10 were invited by The Property Council of Victoria to participate in their annual Girls in Property program which was held in the conference room at Hotel Chadstone. This program is run nationally with each state providing an amazing opportunity for female students from various schools to uncover the raft of career paths that the property industry offers in order to encourage greater female participation in it. This initiative provided the students with information that may assist more young women to choose to work in the property industry, helping to create a sustainable pipeline of talent for the growing industry.









On the day, students were escorted and supported by their teachers, Ms Ambatzis, Mr Rattan and Ms Martin and had the opportunity to attend a site tour of the recently renovated Chadstone Shopping Centre, with a focus on the award-winning Social Quarter precinct (food & entertainment hub within Chadstone). The site tour of Chadstone included various stops and insight from the industry professionals associated with the planning and development of the renovated shopping centre. Students undertook a guided tour with the two lead architects responsible for designing the new Social Quarter at Chadstone. They explained their vision, design and management of the project, as well as obstacles and costs associated with its construction.







Canterbury Girls

Students were then taken to the amazing glass rooftop of the shopping centre where the facilities team outlined the sheer size and structure of that amazing wave glass roof and how it is cleaned and maintained in pristine condition. The third tour resulted in students being escorted to the security control room of the shopping centre. The head of security outlined the importance of security and how it is managed. Students were able to witness the full operation of all the security cameras in action located in all vicinities of the centre. The last tour was at the very high-end designer shopping labels, including Gucci, Louis Vuitton, YSL, & Tiffany. The interior designers explained how that precinct has been updated and renovated to house the high-end fashion labels that attract rich tourists from overseas. A fascinating fact is that Louis Vuitton earns the HIGHEST REVENUE than any other business in Chadstone, followed secondly by David Jones.









Throughout the day, the students gained insight into the Property industry from property professionals from all angles of the construction lifecycle, creating an interactive environment to ask questions and have conversations with these experts. Throughout the program the students heard insights from professionals in the planning and development (architecture & design/legal/planning), and delivery and operations (engineering/construction/facility management/leasing/marketing) components of the construction lifecycle.

The students also participated in interactive master planning building & construction activities; interior design seminar, the use of virtual reality (VR) headsets used in warehousing and had the opportunity to ask professionals, including those at the start of their careers and those who are in more established positions, about their career journey through the property industry.

The students were treated to a very special catered lunch and of course the highlight of the day was most definitely the free 'goodies' bag that each student received with free KeepCup, stainless steel water bottle, stationary and snacks.









The gourmet lunch and snacks proved to be a hit, however, the excitement peaked with the realisation that 'Frank Green' stainless steel water bottles were being awarded as prizes!

Kathy Ambatzis Humanities PLT Leader

Sport Report

Victorian State Athletics Carnival

On Friday 20 October, the Year 7 basketball team played in the EMR finals at Dandenong Basketball Stadium. Up first was a challenging game against Rowville Secondary College (Sports Academy). The CGSC students were nervous, but kept Rowville to a low score and were within four points for the whole first half. Unfortunately, Rowville came out strong in the second half and ended up with the win. Our next game was against Lilydale High School, CGSC came back from a 15-point deficit in the second half to take the lead. however, Lilydale came out on top by two points in the last minute. CGSC's excellent teamwork and resilience was on full display and the students should be very proud of themselves. Finally, we came up against Wheelers Hill Secondary College where we finished the day strong with a 30-point victory. This group are going to be very strong contenders over the coming years, and we look forward to seeing them develop as a team and individuals.



Kate Hedin Coach

music upbeat (



Canterbury Girls

Music Camp

Last week, 70 musicians ventured off to Forest Edge in Neerim East for Music Camp. Over the course of the three-day camp students experienced a wide range of musical settings rehearsing repertoire in string orchestra, concert band, rock band, massed items, and chamber groups. A special guest presenter Kate Tempany came on the second day to run two different sessions, West African drumming and Punjabi dancing. The sessions were highly interactive and focused on building rhythmic competencies as well exposing students to music of other cultures. The students also were involved in a vocal session with Cantabella director Sharon Batterham with a focus singing a round as a group.

Term Dates

Term 4

8 Nov Music Assessments commence

19 Nov 'Lore' @Bedford Heights

21 Nov Music Expo

27 Nov Canterbury Celebrates

10 Dec Carols at Canterbury

Cantabella & Canterbury Voices





Music Camp student reflections

Music camp has improved many of my musical skills. I think I really developed my musical reading skills, learning how to quickly pick up the rhythm of a song and get the hang of it, although it was a bit of a challenge at first. I feel like now after music camp, I have come out a better musician than I was beforehand. Overall, the camp was definitely one of the highlights of my musical year, and I would recommend it to anyone.

Sarah O'Doherty, Violin Year 7





music upbeat 🚳





I think music camp was really fun and I enjoyed it very much. I loved the pieces we played during our rehearsal sessions a lot too.

Arini Mehrotra, Flute Year 7

When we arrived there, I was captivated by the forest and equipment in the camp. We performed more than we had at school and I'm pretty sure everyone had improved at playing their instrument. And everyone had fun, especially during chamber group performances. A few were stellar! And the workshop sessions were rewarding. Overall, the music camp was fun.

Kaylie Leung, Alto Saxophone Year 7

Michael Sword **Head of Music**







wellbeing







At CGSC. it is exam time for senior school students. During this time, it is perfectly natural to feel stressed.

Getting organised can help. Follow these few tips from Teen Breathe to help get you started:

- 1. Set yourself goals: Work out what you want, then plan how you're going to achieve it. It's positive for both your motivation and mindset if you can remember why your work is important in the first place. Do you want to get a great mark? Will getting your homework done early mean you'll be free to have fun when the weekend comes? Whether your aim is big or small, important for your future or just enabling you to enjoy a day trip with friends, remembering your goal should help you kickstart your assignment.
- 2. Plan your time: Write down everything you need to do and plan when you're going to do it. It's not just today or tomorrow that needs organising the best way to combat deadline dread is to plan for the future. Make sure to look a week or two ahead so you know what's coming. Use a diary or online calendar, to plan out exactly when you're going to tackle your work. Electronic or handwritten events, appointments and reminders help keep homework front of mind, avoiding that last-minute rush.
- 3. Learn to prioritize: <u>List all your tasks and activities</u>, work out how long each will take, then decide which are important and when you're going to do them. If you plan and prioritise your time, you can still have time for fun, just make sure you've done the important tasks first. It's important to switch off and relax sometimes. Feeling in control of coursework and revision can help with this, as well as reducing overall anxiety. Switching off from work and doing something you love can help prevent burnout.

wellbeing



4. Start a schedule: <u>Get into the habit of doing certain things at the same time every day or week</u>. When you get home, block out an hour to write a few paragraphs of an essay or complete a challenging assignment. Having this extra structure outside of school will encourage you to set up a solid and smart routine. You will get more done through using your time more efficiently. Tasks become easier and you may be less distracted as you know what you should be doing and when. Apply this to all work and you are likely to learn faster and feel more in control of looming due dates.

For more helpful tips and articles visit **Teen Breathe**.

Georgie Brinkworth Mental Health Practitioner

the parents' association



Canterbury Girls

Dear Community,

Social Events

Parents' Association Dinner: Join The Parents' Association to celebrate 2023. This dinner will be held on Thursday 30 November at Deeds Taproom from 7pm. If you would like to attend, please RSVP to Penny by 23 November. All welcome!

Upcoming Events

Orientation Day Welcome Morning Tea: The Parents' Association will be hosting a morning tea for incoming Year 7 parents and carers on the Statewide Orientation Day (12 December). If you are able to help with this event by either helping at the morning tea or donating food, click here to sign up.

Woodfrog Bakery (Camberwell) Mince Tarts sale: The Mince tarts will be for sale through TryBooking shortly with a TBC pick-up date of 5 December. Keep an eye out for the link and buy your mince tarts ahead of Christmas.

Secondhand Book Sale: The online Secondhand Book Sale will operate again this year. The sale will be on Sunday 10 December with the online shop opening at 9am. Information will be circulated via Compass in the next week. Forms will also be on The Parents' Association Book Sale page on the CGSC website.

If you are interested to buy or sell through the school, keep an eye out for these.

KeepCups for Sale

CGSC KeepCups are available for sale. The world's first barista standard reusable cup, made of lightweight & durable BPA/BPS free clear plastic that has the clarity of glass. Keep your drinks hot or cold whilst doing something positive for the planet! \$20 per CGSC KeepCup. Purchase through Trybooking and collect from the school office.

Call to action for 2024

Can you be a part of The Parents' Association in 2024? We need a finance-minded person to take on the Treasurer's role and a Secretary. If you can help, please email Anne at pa@cqsc.vic.edu.au or anne-3126@yahoo.com.

PA Meetings

The final meeting for 2024 will be on Tuesday 28 November from 7pm. All welcome!

If you cannot make the meetings but have suggestions of how The PA can support the school community, please send through any suggestions to The PA email.

Anne Chipperfield
The Parents' Association President

Diary dates

Next monthly meeting

Date: 28 November Time: 7.00pm

Venue: Conference Room

Office bearers

President: Anne Chipperfield

Vice-Presidents: Christine Harkness, Penny Ison

Secretary: Nicola Rowling
Treasurer: Steve Elsbury
PA email address: pa@cgsc.vic.edu.au

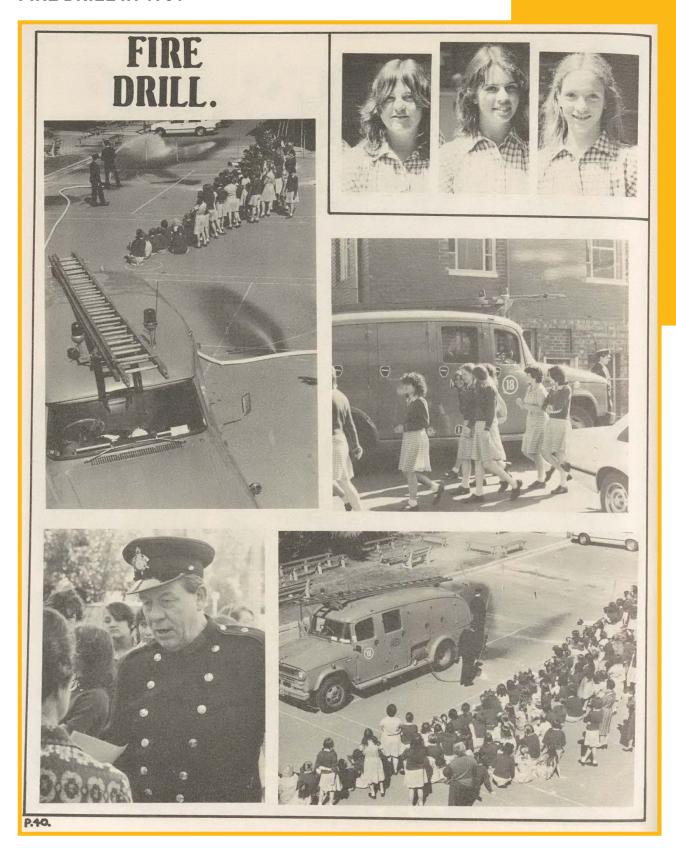
P.S. If you would like to support the PA, but cannot donate your time or efforts, you can contribute via the PA levy. If you do not want to contribute the full amount of \$50, you can nominate a different value. PA funds help raise monies for resources that are not funded by the Government (i.e. language assistants, food tech ovens, dishwashers etc.) and every little bit helps!

from the archives





FIRE DRILL IN 1981





Canterbury Girls

School Working Bees

Working Bees give every family the opportunity to assist in the improvement of the school grounds and buildings for our students. We hope that all parents and carers will take their turn because all our children benefit from the result and there are tasks to suit all levels of skill.

If you would like to help at a working bee session, register here.

If you are unable to help at working bees this year, but would like to make a donation of \$50.00 to assist in buildings and grounds maintenance, contact the General Office at (03) 9830 5099.

Working Bee dates for 2023

11 Nov Working bee #4 8:45am - 12.00pm

Uniform Shop

New - Softshell Jackets

The Uniform Shop has recently added softshell jackets to the sports uniform range. These jackets are replacing the current shower proof jackets. Softshell jackets are \$110.00 each and can be purchased online or in store on Tuesdays.

All profit from the Uniform Shop goes back into the school for the benefit of the school community. The Uniform Shop is open on Tuesdays from 8:30am to 3:30pm. We encourage students to visit the Uniform Shop during recess and lunch times. Card only, sorry no cash or cheques.

Elena Mantelos Uniform Shop Manager

Address

19A Wentworth Avenue, Canterbury 3126 03 9831 8661 uniform@cgsc.vic.edu.au

Online Ordering

https://myschoolconnect.com.au/cgscuniform

Canteen News

Dear Parents, Carers, Students and Staff,

Now that we are open properly, the Canteen team wanted to remind you all that you are still able to order online through Myschool Connect and at the canteen for the day until end of term. Any special dietary requirements, please advise..

Next Monday 30 October and Tuesday 31 October, we will have Halloween specials! Please come and check out what spooky things we have available.

Hope to see you all Thank you!

The Canteen Team



www.cgsc.vic.edu.au

MAKE YOUR MARK ON BIKESPOT.



BikeSpot is a map that allows every Australian to say where they feel safe or unsafe while riding their bike.

With your input, the BikeSpot map will create a detailed picture of where people love to ride, and where people feel unsafe, so we can fix your local bike routes and make cycling safe for everyone.











Parents of High School Girls



We want their opinions!

Help us create a new wellbeing program to support teenage girls.

Register & provide consent for your daughter to complete a 10-minute online survey about:

- Wellbeing
- Sport & physical activity
- Communication & connection with family
- Their experiences of being a young adult



applies to high school aged girls completing the survey

Scan me![

https://redcap.link/DDteens_teens_survey

DADS of high school aged girls, WE NEED YOU!



Have your say in developing a program that aims to enhance the father-daughter connection and wellbeing of your teenage daughter.





Complete a 10 minute online survey



A chance to win one of 6 x \$50 gift vouchers



https://redcap.link/DDteens_fathers_survey