

# Canterbury Girls

17 August 2023

### Principal's Report

### Student leaders

Nominations and elections for 2024 school leaders have begun with a number of them having been finalised. Congratulations to Emmerson Baker and Lucy Patel who have been elected the School Captains for 2024 and to Hayley Columbine and Alisha Roney who have been elected the Middle School Captains for next year. Congratulations also to the 2024 Community Liaison Captain – Ruby Nance, Environmental Captain – Shirin Kalbasi, Social Service Captain – Grace Brown and SRC Captain – Jerain Yang. The remainder of the positions are currently being finalised.

### Middle School production

Tickets for the Camberwell Grammar and Canterbury Girls' Secondary College Middle School production are now available. The production is *Around the world in eighty days*. All the best to the Canterbury students who are performing – Sophie Bretel, Olivia Chadder, Theodora Chiam, Sarah Hart, Eloise Knight, Hayley Lui, Isabel Neeson, Mihana Peacock, Lulu Phyland, Charlize Rendle and Amelia Tobias.

Tickets are available here.

### **Music Night**

Tonight is the Music Night Concert being held at the Besen Centre. This is the major concert for the year and all families are welcome to attend, even if they are not involved in the program. The evening starts at 7.00pm and tickets can be purchased at the venue.

### **Enrolments and exits**

Canterbury Girls' Secondary College is now accepting applications for enrolments into Years 8 to 12 for 2024. If you know of someone who is interested in enrolling their child, please ask them download and complete an application form available on the website. Any questions can be referred to Georgina Padula (Years 8 and 9) or Jim Ouliaris (Years 10-12).

Dr Mary Cannon Principal

### **Diary Dates Term 3**

17 Aug Music Night

Besen Centre, 7-9 pm

13 Sep House Dance Drama, 6.30-9 pm 14 Sep House Dance Drama, 6.30-9 pm

15 Sep End of Term 3

Connect with us





Many students travel by public transport. It is important that students have valid myki cards when travelling on trains and buses. We have received information from the Department of Transport and Planning about a new app that enables an instant top of the myki card balance.

You do not have to register an account in order to use the top up feature.

However, they strongly recommend that you do register your myki so you can protect your balance and take advantage of other PTV App features such as auto top up or managing multiple cards.

For further details click here.

Canterbury Girls' Secondary College acknowledges the Traditional Owners of the land on which our school stands. We pay our respects to their Elders, past and present, and we recognise, acknowledge and respect the history, culture, diversity and value of all Aboriginal and Torres Strait Islands people.



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### Student Leaders' News

### 2023 Languages Week

Languages Week 2023 ran from 31 July to 4 August and was a great success! Thank you to all the staff and students who got involved.

On Monday, we hosted a languages-themed trivia event (where the teacher team placed first but gracefully gave up their prize to the second placed team!). Other activities included a poetry reading and watching French and Japanese TV shows, and of course the Crêpes for Change food truck visiting the school (our thanks go to Madame Bolton for organising this).

A highlight of the week was the Manga Drawing competition, so thank you to everyone who submitted their amazing artwork. I would like to also thank Ms Waugh and Ms Phelps for helping judge – it was incredibly difficult to pick a winner and we were so impressed with the skill and creativity demonstrated.

To keep up with your language learning, <u>here</u> is a fun French song by Belgian artist Angèle to listen to.

### Emily Hughes LOTE Captain



















### **CGSC Carnival Day**

On Friday 4 August, the student leadership teams held the annual CGSC Carnival Day. It was a great day that we all enjoyed participating in. Each team organised several stalls and the Community Liaison team ran a chocolate toss and a lucky dip which were great fun. We also had three food options: burgers, frogs in ponds and delicious Krispy Kreme doughnuts which were very popular.

We would like to thank Baker's Delight Ashburton for generously donating the bread and rolls for the burgers.









# Canterbury Girls

Thank you, team - you all did so well to plan, prepare, help on the day, pack up and provide insightful feedback and Victoria Lac took some wonderful photos of the day. It is amazing to work with you all!

Helia Darivandi Shoushtari, Community Liaison Captain Madame Bert, Community Liaison Teacher







### **Teaching and Learning News**

### Year 11 and Year 12 Art Making and Exhibiting

The Year 11 and Year 12 Art Making and Exhibiting classes had a great day out at the NGV Australia recently. We explored the exhibition Melbourne Now and enjoyed a lecture from NGV staff about curation, conservation and exhibition design.

Well done to all students, we had wonderful feedback from the NGV staff and it was a great day out.

### Tamara Nicholson VCE Art Making and Exhibiting Teacher





### **Big Sister Little Sister**

Recently, we had the Big Sister Little Sister (Year 12 and Year 7 buddies) program, which took place at lunchtime in the New Gym.





### National Australian Geography Competition

The Australian Geography Competition is a contest for Australian secondary school students, assessing their geographical knowledge and skills. The competition aims to encourage student interest in Geography and to reward student excellence.

Of the 271 students who entered this year, we achieved 6 High Distinctions, 15 Distinctions and 34 Credits. Congratulations to all the participants! Well done, Global Citizens!

### **High Distinctions**

Akarshini Churiwala, Year 7 Annabelle Tan, Year 7



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Sarina Shea, Year 8 Lucy Taylor, Year 8 MaryAnne Dumitrache, Year 12 Emily Hughes, Year 12

### **Distinctions**

Sophie Bretel, Year 7
Theodora Chiam, Year 7
Kate Edwards, Year 7
Isabella Gurwitch, Year 7
Hazel Raudon, Year 7
Nethuli Vithanage, Year 7
Alisha Fang, Year 8
Michaela Siva-Pereira, Year 8
Lakshita Bhati, Year 9
Julia Franz, Year 9
Charlie Harbison, Year 9
Elizabeth Ho, Year 9
Ella Macmillan, Year 9
Estelle Murray, Year 12
Scarlet Randall, Year 12



### Kathy Ambatzis Humanities Professional Learning Team Leader

### Unit 4 Geography

At the end of July, the Unit 4 Geography class had the pleasure of speaking with 10 students from Takakura High School in Tokyo, Japan.

As a part of our Unit 4 studies, we are looking into population demographics and how factors such as migration, cultural and political factors can affect a country's structural demographics and consequently its future as a world economy.

One of our two-case studies for this unit is Japan, which has experienced a declining population since the 1950s. It was interesting to speak with students who live in Japan and to discuss current topics such as what it is like to live in a country with an ageing population, their views on marriage and children.

This gave us a unique, first hand insight into how the youth currently feel about these issues and their own future.

A big thankyou to the Takakura High School students and hope that they had a great stay with their host families in Melbourne!

### Estelle Murray Year 12









### Sport Report

Triumphant Victory for CGSC Year 7 Soccer Team at Regional Championships

We're thrilled to announce the success of CGSC's Year 7 soccer team at the recent Regional Championships held at the State Football Centre on 3 August. Under the expert guidance of their coach, Mr. Simopoulos, a former mentor of the all-Victorian School Girls' Soccer team, the team displayed their dedication to the team attending gruelling training sessions twice a week, in addition to their soccer commitments outside of school.

The weather on the championship day was perfect, and it set the stage for a series of remarkable performances. In their opening match against Wheelers Hill Secondary, the team began to show their prowess. They dominated the first half positionally, the dextrous ball handling of Alezia Chrisfield on full display, but could not finalise anything. The second half opened with Eva Turton swiftly secured an opening goal, soon followed by two more. Jennifer Hondrakis significantly contributed to the scoreboard shortly after. Captain Gabrielle Cant not only exhibited remarkable leadership but also showcased her exceptional skills in the midfield, providing a strong foundation for the team easily preventing the only opportunity given to Wheelers Hill. Alezia Chrisfield's well-aimed shot sealed an impressive 5-0 victory.







Building on their momentum, the team took on Lilydale in the subsequent match. CGSC was awarded an early penalty shot, which was taken advantage of by Kimberly Sarov, followed by another short-range goal soon after. Eva Turton and Izzy Begg further extended the lead, and Scarlett Silverman's unrelenting pressure resulted in a halftime score of 5-0. In the second half Alezia, not wanting to be outdone by her teammates, netted three shots within the first ten minutes. Scarlett scored another goal, further solidifying their lead, and the game ended in a 9-0 triumph.







The side truly came together as a team in the final against Mount Waverly. Coach Simopoulos' speech beforehand inspired in them a newfound seriousness in how they approach the game, where they employed a highly technical, strategic passing approach unseen before from them. The match started with a swift



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goal by Eva Turton. Kimberly Sarov had been moved forward, and unleashed her shooting skills, again contributing to the score. Annabelle Watt's precision was evident, and Eva Turton secured her second goal, ultimately securing the Regional championship victory for the team and moving forward to compete for the Victorian title.













This victory holds special significance for CGSC as it marks the first time in five years that our Year 7 soccer team has advanced to the state championships. We extend our congratulations to the CGSC Year 7 soccer team, the families who arrived to support them, and a special thanks to coach Simopoulos, whose passion and dedication have transformed a group of individual talents into a singular force. The students are already focused on the upcoming state championships and, after a brief rest are straight back into training with their eyes on the State title.

### Stefan Majewski Sport and Sport Education Co-ordinator

### Interschool Basketball

Yesterday, three teams of enthusiastic basketballers went to Waverley for the interschool basketball competition. I am pleased and proud to report that the students were well-behaved and polite at all times. They didn't dispute any referee decisions and thanked them for their assistance at the end of the matches. They were punctual for their matches and came to support other teams when they weren't playing.









# Canterbury Girls

All the teams played well, with the B team going through to the finals and placing third out of six. The A team played brilliantly, winning every match. The game against Balwyn was a heart-stopper, with our students eventually winning by a few points. Against Kew, they were in fine form, showing everyone how the game is played with a fantastic 56-18 win. They brought home the flag for first place out of all the schools. Well done to all the students who took part in this successful day.

### Yvie Bolton Coach

Last Tuesday, Year 9s and 10s played interschool basketball round robin. Throughout the day, there was multiple matches played. Congratulations to A team for winning overall and progressing though to the eastern metropolitan regional held later in the year. Thank you to our Year 11 coaches Lucy Patel, Georgia Tsihrintzis and Alice Woods for helping with team trails and coaching on the day, and our Year 10 helpers Matilda Quartel, Mia Davies and Amelia Begg.

### Lillie Allen Sports Captain

### **Netball EMR**

On Friday 4 August, the senior netball team played against other schools within the region. We played 3 hard-fought matches and won one and lost one, however we still made it through the semi-final as we had an overall higher percentage than two of the other teams in our pool. Finishing second in the pool for the day, we played a semi-final against Ringwood where we unfortunately lost. Overall, it was a great day, and for the Year 12s their last school netball. Huge thank you to Ms Pavlidis for organising all the senior netball though out the year. Thank you to Ms Hedin for coming to EMR and supporting everyone.



### Lillie Allen Sports Captain

### Second Place Finish for the Intermediate Badminton Team

Canterbury's intermediate badminton teams had the opportunity to compete at the annual interschool tournament held at Balwyn High School on 15 August. In Round 1, our A team stepped onto the court against Doncaster Secondary's A team, emerging victorious with a score of 4-2. Building upon this triumph, the B team faced Kew High School's A team in Round 2. Kew were 20 minutes late, which should have led to them forfeiting, but our team showed their sense of fair play, and allowed them to compete. The team earned a well-deserved 4-2 victory. Round 3 saw our A team facing off against Balwyn High's B team, and once again, our team's talent and determination shone through as they secured a convincing victory. This win took them through to the finals. Despite their best efforts, the B team were defeated by Balwyn High's A team.

The finals of the tournament brought CGSC's A team against Balwyn High's A team. Our squad, made up of Teri Halastanis, Lucy Millott-Jones, Myranda Ruan, and Lara Mistica displaying remarkable skill and determination, but were unable to emerge victorious. Nevertheless, CGSC's A team walked away with heads held





high, claiming a well-earned second place.

Teri Halastanis from Year 9 was the standout player of the day. Having never competed formerly, listing her background as "playing a lot at her family beach house", she was undefeated throughout the competition, taking out numerous classically trained players. Her final match, against Balwyn's top seeded player, drew a crowd as she overcame her shaky start winning the final game of the tournament.

Congratulations to the entire team on their performance.







Should any students be interested in competing, or should you have any queries, please contact me at <a href="mailto:smj@cgsc.vic.edu.au">smj@cgsc.vic.edu.au</a>.

Stefan Majewski Sport and Sport Education Co-ordinator



# Canterbury Girls

### Music Night is tonight!!!

7.00pm start at Besen Centre, 87-89 Station Street, Burwood

Music Night is our annual major concert. The evening showcases all that the program offers and truly gives our students a formal concert experience.

Tickets can be still be purchased online via Trybooking and are available at the door. You can access this via the link <a href="https://www.trybooking.com/CKGRD">https://www.trybooking.com/CKGRD</a> on the Compass Newsfeed and under Events. Seating is allocated. Students performing on the night do not require a ticket. On-site car parking is included in the ticket price.

- Adult \$25 (includes free parking at venue)
- Child under 18 \$15

### **Evening Arrival Times at the Besen Centre**

Instrumental music students are required backstage by 6.30pm. There will be a performance schedule allowing students not performing to watch some of the concert from the balcony. Students will not be dismissed prior to the completion of the evening. Every student should have an audience to perform to. The final item is a large collaborative piece.

Please support all the students and help us to make this a great evening of performance. We look forward to seeing you on the night for a wonderful musical experience. If you have any queries, please contact Michael Sword <a href="msw@cgsc.vic.edu.au">msw@cgsc.vic.edu.au</a>

Michael Sword Head of Music

### **Term Dates**

Term 3

17 Aug Music Night @Besen Centre 8 Sep VCE Music Box Hill Institute

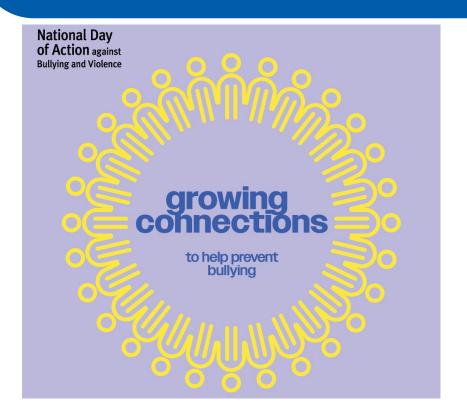
recording session

Term 4

3 Oct VCE Final Recital, PAC

# wellbeing





### National Day of Action against Bullying and Violence

18 August is the National Day of Action against Bullying and Violence. At CGSC we can all do something to help when someone is being bullied - we can all be upstanders!

An upstander is a person who speaks or acts in support of an individual or cause, particularly someone who intervenes on behalf of a person being bullied.

### How to be an upstander:

- Be a friend to the person being bullied
- Let the person being bullied know that you're there for them. Let them know
  that you've noticed the bullying and you've got their back whenever they need
  it.

### Shift the focus

- Try to interrupt the bullying ask the person who is being bullied for their help with something, like an assignment, or invite them to sit with you.
- If you're friends with the person doing the bullying, try to divert their attention from the person they're bullying.
- Try asking if they can help you out with a problem.

### Leave the situation, and then act

Sometimes it's best to walk away and think about what you can do to help especially if you feel unsafe. The bullying will probably last longer if there's an
audience, even if no one else is joining in directly.

### Call the person out

Speaking up while the bullying is happening can be scary, but it can make
a big difference. If you feel safe, step in and call the person out on their
bullying behaviour. Be direct, calm and confident, and let them know that their
behaviour isn't okay. Try not to call them a bully but tell them that what they

# wellbeing





are saying and doing isn't okay.

• It can help to have some backup, so chat to a close friend beforehand and try to get their support.

### Ask for help

- Support the person who is being bullied to ask for help. Offer to go with them to ask for help, or point them towards some useful info. If the bullying is happening online, you can help them to block and report the person who is bullying them or help them to find out how to do this.
- It might be time to take things further if the bullying is getting out of hand and you're worried about the person's safety. You may need to report the bullying to a trusted adult such as a teacher, school counsellor or parent.

### If you see bullying online you can:

- The same rule applies online. Sharing or 'liking' bullying posts can make things worse for the person being bullied. Instead, remove yourself from the situation and say something to the person who's doing the bullying later on. You can do this via a message if speaking face-to-face isn't your thing.
- If you know someone is being bullied online, a good place to get help is the <a href="https://www.esafety.gov.au">www.esafety.gov.au</a>

### Reporting cyber bullying really easy:

- 1. Make a report to the social media company
- 2. Collect evidence
- 3. Make a report to the eSafety Commissioner.

All the information you need is here: www.esafety.gov.au/report

Georgie Brinkworth Mental Health Practitioner

# the parents' association



## Canterbury Girls

Dear Community,

### Upcoming Social Events for Term 3

- Year 7 and Seal 1 Coffee morning on Friday 18 August from 9.30 am at Linger Café 101 Bowen Street Camberwell. Please RSVP if you are planning to come along to <u>anne 3126@yahoo.com</u>
- Year 7, 8, 9 and Seal 1, 2, 3 Parents/Carers night out on Saturday 2 September from 7pm at FLATIRON - Sidedoor Winebar in Kew. You can buy tickets until Monday 21 August via Trybooking
- Year 10, 11, 12 and Seal 4 Parents/Carers night out on Thursday 7 September from 6.30 pm at Deeds Taproom in Glen Iris. You can buy tickets until Monday 28 August via <u>Trybooking</u>

### WhatsApp Groups

We have active WhatsApp groups for Year 8 & 9 parents/carers. If you would like to be added to these groups or start a group for another year level, please email your interest/contact details to <a href="mailto:anne 3126@yahoo.com">anne 3126@yahoo.com</a>. This is another way for parents/carers to connect.

### **Bunnings BBQ**

Bunnings BBQ at Box Hill South on Saturday 7 October. Sign-up link for helpers coming out soon.

If you are an experienced or keen Sausage Sizzle organiser we'd love to have your help with helping to run this event. Please email The PA if you think this is a way you could help.

### Dance Drama Raffle

At the end of Term 3, we will have a raffle at the School Dance Drama evening events. We are calling for volunteers to sell tickets on the evenings of Wednesday 13 and Thursday 14 September. Please email Penny at <a href="mailto:penelopepalmer@hotmail.com">penelopepalmer@hotmail.com</a> an expression of interest to help.

### KeepCups for Sale

CGSC KeepCups are available for sale. The world's first barista standard reusable cup, made of lightweight & durable BPA/BPS free clear plastic that has the clarity of glass. Keep your drinks hot or cold whilst doing something positive for the planet! \$20 per CGSC KeepCup. Purchase through <a href="Trybooking">Trybooking</a> and collect from the school office.

### Planning for 2024

To keep The PA active, we need parent/carer help. Many of the current active PA members have students in Year 12 and will not be at the school to be a part of The PA in 2024. The PA is primarily a Parent/Carer social committee which supports the school community. Some fundraising activities are undertaken which are both a way the school community can come together and undertake activities that enable connection as well as bringing in some additional funds to support the school to purchase items not funded through other avenues. If you are wanting to be connected with the school community through the PA, please get involved.

### **PA Meetings**

All parents/carers are invited to the next PA meeting on Tuesday 17 October at 7pm. If you cannot make it but have suggestions of how The PA can support the school community, please send through any suggestions to The PA email.

Anne Chipperfield
The Parents' Association President

### **Diary dates**

### **Next monthly meeting**

Date: 17 October Time: 7.00pm

Venue: Conference Room

### Office bearers

President: Anne Chipperfield

Vice-Presidents: Christine Harkness, Penny Ison

Secretary: Nicola Rowling
Treasurer: Steve Elsbury
PA email address: pa@cgsc.vic.edu.au

P.S. If you would like to support the PA, but cannot donate your time or efforts, you can contribute via the PA levy. If you do not want to contribute the full amount of \$50, you can nominate a different value. PA funds help raise monies for resources that are not funded by the Government (i.e. language assistants, food tech ovens, dishwashers etc.) and every little bit

# from the archives



Canterbury Girls

Band Music at Canterbury Girls' from the The Mangarrian from 2006.

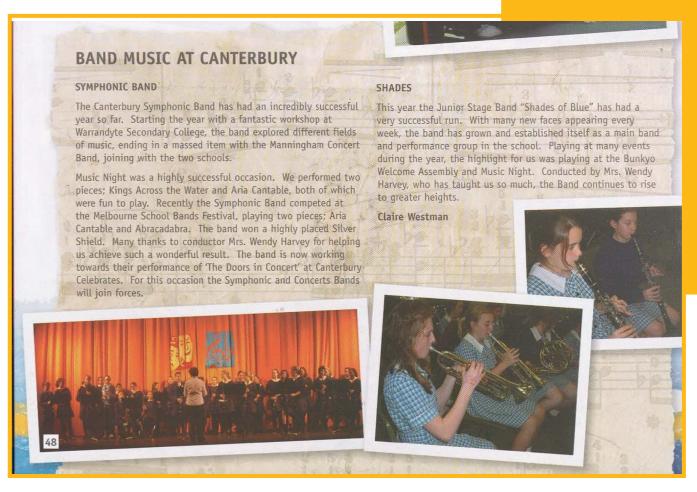


Image from The Mangarrian 2006



# Canterbury Girls

### **School Working Bees**

Working Bees give every family the opportunity to assist in the improvement of the school grounds and buildings for our students. We hope that all parents and carers will take their turn because all our children benefit from the result and there are tasks to suit all levels of skill.

If you would like to help at a working bee session, register here.

If you are unable to help at working bees this year, but would like to make a donation of \$50.00 to assist in buildings and grounds maintenance, contact the General Office at (03) 9830 5099.

### Working Bee dates for 2023

11 Nov Working bee #4 8:45am - 12.00pm

### **Uniform Shop**

### New - Softshell Jackets

The Uniform Shop has recently added softshell jackets to the sports uniform range. These jackets are replacing the current shower proof jackets. Softshell jackets are \$110.00 each and can be purchased online or in store on Tuesdays.

All profit from the Uniform Shop goes back into the school for the benefit of the school community. The Uniform Shop is open on Tuesdays from 8:30am to 3:30pm. We encourage students to visit the Uniform Shop during recess and lunch times. Card only, sorry no cash or cheques.

Elena Mantelos Uniform Shop Manager

### Address

19A Wentworth Avenue, Canterbury 3126 03 9831 8661 uniform@cgsc.vic.edu.au

### **Online Ordering**

https://myschoolconnect.com.au/cgscuniform

### **Canteen News**

Dear Parents, Carers, Students and Staff,

The canteen staff are reminding you that the canteen is up and running as usual with ordering through <u>Myschool</u> <u>Connect</u> and also in-person at the canteen.

We now have our coffee machine finally installed and running! We offer beautiful coffee, hot chocolate and hot chai with full/ lite cream milk, lactose-free and soy milk all for \$4.00 each. Please come and try our hot yummy drinks especially on those cold winter days.

Once the new cafeteria opens, we will be back to offering a full menu with a lot more variety for you to enjoy. Please don't forget, if you have a special dietary requirement to just ask prior to lunchtime.

Thank you!

Melissa The Canteen Team



www.cgsc.vic.edu.au

# In celebration of Wear It Purple Day



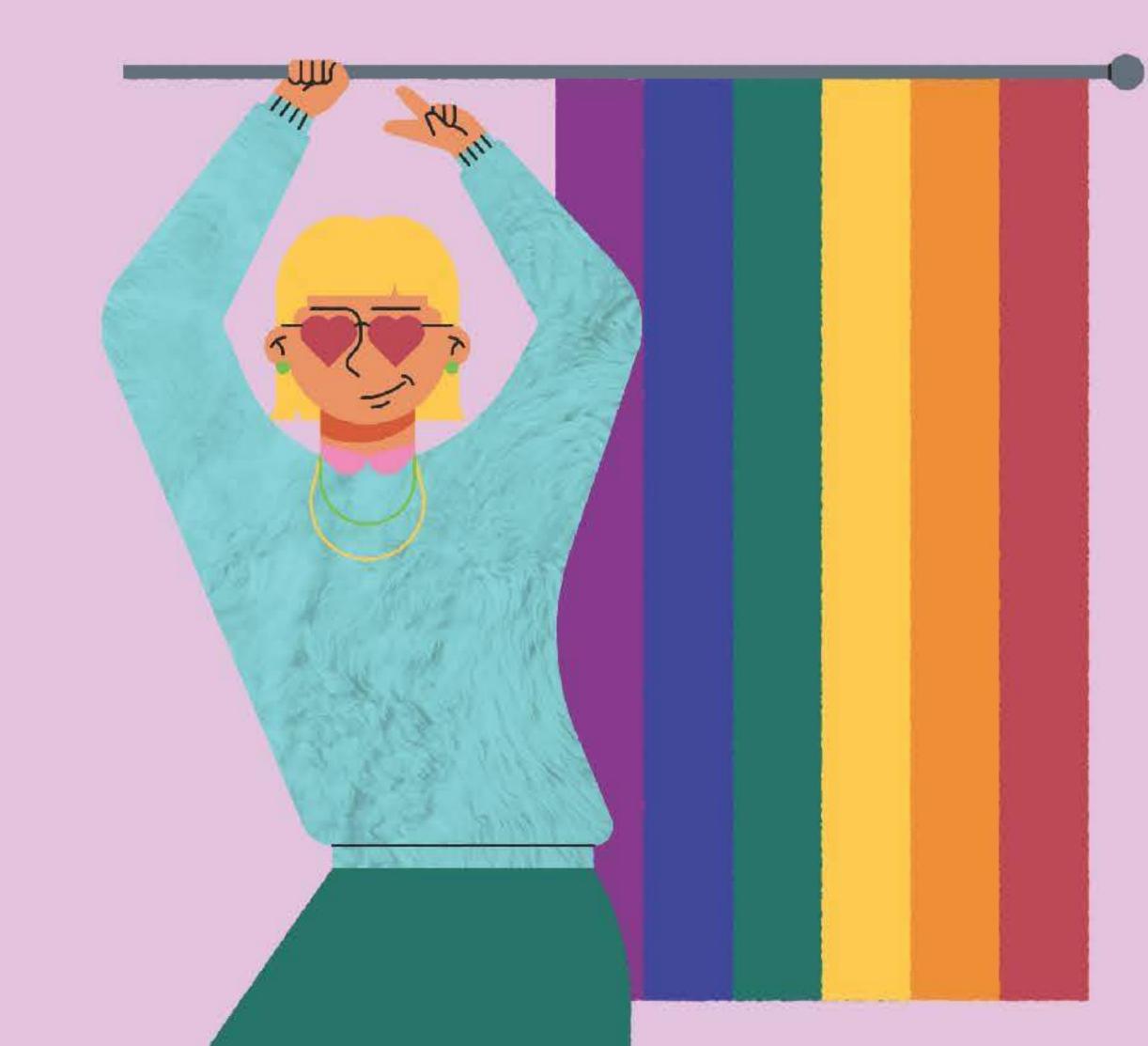
5:30-7:30pm Thursday 24th August
Boroondara Youth Hub
Level 1, 360 Burwood Rd, Hawthorn
For LGBTQIA+ young people and allies aged 16-25!

# Register below









### Around the World in 80 Days



# SEASON SEASON

REGOs are OPEN!

U9s - U20s | Boys & Girls Individuals or whole teams welcome Training or Non-Training teams

ONLY \$330 for the season

Discounts for non training whole teams Training Venues: Camberwell High, Strathcona and Camberwell Girls

Bendigo Bank



# Cougars Cougars Where it all begins

Cubs is a fun, new program for future Cougars aged 9 years and under.
Cubs will learn basic basketball skills to prepare them for joiining a team next season!

Camberwell High - Thursdays 5-6pm SPOTS STILL AVAILABLE!

www.canterburycougars.com/cougars-cubs/

Hear the Cougars call ...



www.canterburycougars.com



# RIVERSDALEFIVES SPRING TOURNAMENT

# 7-13 YEAR OLDS 5 A SIDE TEAMS

Separate Boys & Girls Age Competition \*\$135

# 4-7 YEAR OLDS SKILL SESSIONS

8:30 - 9:30 am A fun way to learn soccer \$50

# SUNDAY'S FROM 9AM BBQ / CANTEEN

Season: 8th Oct | 26th Nov



